



Level 4 Diploma in Counselling Practice (June 2017)

PLEASE SIGN AND DATE BELOW TO CONFIRM DETAILS AND THAT YOU UNDERSTAND THE INSTRUCTIONS BEFORE YOU BEGIN THIS ASSESSMENT

Centre	
Centre ID	
Learner surname	
Other names	
Learner ID	
Time allowed	2 hours
Signature	
Date	
Total number of pages this question paper consists of	9 pages
If you have used any additional sheets for your answers please identify the number here	

Instructions

- Check all paper details are correct.
- Sign the paper in the signature box to confirm your identity.
- Use black ink or black ball-point pen.
- Answer the questions in the spaces provided, any answers written outside the area provided for the question **will not be marked**.
- If you require additional space to answer a question request additional pages from your invigilator.
- Write the number of additional pages you use with this exam in the box provided above.
- Do all rough work in your answer book. Cross through any work you do not want to be marked.
- Total of **51 marks** are available for this paper.

Information

- This is an **open-book** exam.
- Candidates are allowed to take into the exam published reference books that are free from annotations and highlighted text and a copy of the BACP's *Ethical Framework for Good Practice in Counselling and Psychotherapy (2016)*, strictly for own personal use.



Scenario

Alex is 45 and has been married twice. There are two sets of twins from each marriage. The eldest (girls) are 14 years of age and the youngest set (boys) are 7 years of age. Alex lives alone in a small one room bedsit with shared bathroom facilities. He tells you that he has had regular contact with his boys since the marriage broke down when they were three years of age. Unfortunately, his first wife has always refused him access to the girls and he has never pursued this through the courts. Alex works in retail in a job that just provides enough for him to live on which he describes as boring. His hours of work are irregular and he doesn't see the boys as much as he would like. There is no money left over for social activities, like going to the cinema, and he doesn't own a television. He spends most of his free time reading or thinking about fun things he can do with the boys that won't cost him anything.

Alex has recently been to see his GP and has been prescribed a course of anti-depressants and a very low dose of an anti-psychotic as his doctor believes he is depressed and "overthinking". He tells you that his last weekend with his boys was 'dreadful' as he had to spend most of his time consoling them. Out of the blue it would seem their mother had announced she was moving to South Africa and taking the boys with her.



Question 1

How would you make use of your supervision after four counselling sessions with Alex?

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(3 marks)



C) What would you want Alex to know about the way you work as a counsellor?

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(3 marks)



[End of test]