



Level 4 Diploma in Counselling Practice (June 2016)

PLEASE SIGN AND DATE BELOW TO CONFIRM DETAILS AND THAT YOU UNDERSTAND THE INSTRUCTIONS BEFORE YOU BEGIN THIS ASSESSMENT

Centre	
Centre ID	
Learner surname	
Other names	
Learner ID	
Time allowed	2 hours
Signature	
Date	02/06/2016
Total number of pages this question paper consists of	14 pages
If you have used any additional sheets for your answers please identify the number here	

Instructions

- Check all paper details are correct.
- Sign the paper in the signature box to confirm your identity.
- Use black ink or black ball-point pen.
- Answer the questions in the spaces provided, any answers written outside the area provided for the question **will not be marked**.
- If you require additional space to answer a question request additional pages from your invigilator.
- Write the number of additional pages you use with this exam in the box provided above.
- Do all rough work in your answer book. Cross through any work you do not want to be marked.
- Total of 60 marks are available for this paper.

Information

- This is an **open-book** exam.
- Candidates are allowed to take into the exam published reference books that are free from annotations and highlighted text and a copy of the BACP's *Ethical Framework for Good Practice in Counselling and Psychotherapy (2013)*, strictly for own personal use.
- The marks for questions are shown in brackets.
- Read the scenario below and answer all questions.



Scenario

You have obtained a placement in your Local Authority and are assigned to the staff counselling team at County Hall. Your tutor is very pleased for you and tells you that this is the first time that County Hall have offered placements to Diploma students as they usually only take students from the university Masters programme.

On your 4th week in the placement you receive a telephone call from Lisa, who announces herself as 'one of the managers in the Housing Department'. She tells you that she is sending Douglas to you in half an hour and wants him seen straight away. She describes him as 'snappy with the service users when he's on the front desk and almost always asleep at his desk when he's on admin duties'. She ends the call abruptly.

Douglas appears half an hour later and seems bright and breezy as he enters the counselling room. Douglas talks almost non-stop about his home and very packed social life and then looking at the clock says he must leave as he has a lunch date with a colleague and asks you not to tell Lisa that he has left 20 minutes early.

After lunch you receive another telephone call from Lisa who is even more brusque in her manner than before and asks you what you have been 'playing at' as Douglas is no different and without pausing for breath warns you that you had "better get your act together" when she sends him next week or it's "curtains for him" before putting the phone down.

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Question 1

Assessing the situation with Douglas are there any interventions or ways of working from your core theoretical model that you would consider:

unhelpful or,
helpful.

Choose THREE interventions. Review each intervention in turn and explain your answer in each case.

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(12 marks)



Past Paper June 2016

(12 marks)



Past Paper June 2016

(9 marks)



Question 4

In the County Hall Staff Counselling Service clients are limited to eight sessions.

(a) Assuming that Douglas was prepared to look at the 'work issues' what would your priorities be for the remainder of the relationship. Give three examples of how you would foresee the relationship developing.

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(9 marks)



(b) How might an ending of the counselling relationship be facilitated at session eight? Give at least three examples.

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Past Paper June 2016



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(9 marks)





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[End of test]

