



## Level 4 Diploma in Counselling Practice (Jan 2018)

**PLEASE SIGN AND DATE BELOW TO CONFIRM DETAILS AND THAT YOU UNDERSTAND THE INSTRUCTIONS BEFORE YOU BEGIN THIS ASSESSMENT**

<b>Centre</b>	
<b>Centre ID</b>	
<b>Learner surname</b>	
<b>Other names</b>	
<b>Learner ID</b>	
<b>Time allowed</b>	<b>2 hours</b>
<b>Signature</b>	
<b>Date</b>	<b>08/01/2019</b>
<b>Total number of pages this question paper consists of</b>	<b>18 pages</b>
<b>If you have used any additional sheets for your answers please identify the number here</b>	

### Instructions

Check all paper details are correct.

Sign the paper in the signature box to confirm your identity.

Use black ink or black ball-point pen.

Answer the questions in the spaces provided, any answers written outside the area provided for the question will not be marked.

If you require additional space to answer a question request additional pages from your invigilator.

Write the number of additional pages you use with this exam in the box provided above.

Do all rough work in your answer book. Cross through any work you do not want to be marked.

Total of 51 marks are available for this paper.

### Information

This is an open-book exam.

Candidates are allowed to take into the exam published reference books that are free from annotations and highlighted text and a copy of the BACP's Ethical Framework for Good Practice in Counselling and Psychotherapy (2016), strictly for own personal use.



## Scenario

You have obtained a placement at Drylife, a local charity that provides counselling services to individuals who have problems with drugs and or alcohol. Drylife operates from a belief that the only way to successfully recover from drug and alcohol problems is a lifetime of complete abstinence. Potential clients are informed of this approach before they sign up for a four-week course of intensive group therapy requiring attendance at the charity's centre 9.30 am to 4.30 pm five days a week. After the intensive course all clients are able to access one to one therapy for up to a year. Volunteers are required to be abstinent from alcohol and drugs.

Mandip has completed her group therapy and is now volunteering for the charity as an arrest referral worker. This involves attending police stations and providing information about the Drylife service to individuals who have been arrested in connection with drug and alcohol problems. Mandip has her one to one sessions with you. The senior therapist at Drylife is also your placement manager and supervisor. Mandip is your first one to one client, though you know both her and another volunteer Peter, also an arrest referral worker, from your time observing in group.

Mandip tells you that she knows that Peter had been out drinking with his friends before he attended his evening shift at the local police station last week. She has also seen him drinking alone in a restaurant at lunchtime on one occasion since he finished the intensive group therapy. Mandip also tells you that Peter has invited her to the same restaurant and she feels she would like to get to know him better but this could be a risk and she could go back to drinking. Peter has his one to one sessions with the senior therapist.



Answer **all** questions – you must achieve a Pass grade for each question – **divide your time equally between the four questions.**

**Question 1**

What might the implications be for your work with Mandip should she report Peter’s conduct?

Give three examples and explain your answers.

Example 1:.....  
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**Explain your answer**

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(4 marks)



Example 2:.....

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**Explain** your answer

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(4 marks)



Example 3:.....

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**Explain** your answer

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(4 marks)



### Question 2

Focus on three key interventions from your core theoretical model and show how they might be employed to help Mandip deal with her decision to accompany Peter to the restaurant (or not)?

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**Question 3 A**

What would be on ‘your agenda’ for supervision before your next session with Mandip.  
Explain your answers.

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(12 marks)











Example 2:

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(3 marks)







Example 2:

Dotted lines for writing.

(2 marks)







[ End of test ]