



Level 4 Diploma in Counselling Practice

PLEASE SIGN AND DATE BELOW TO CONFIRM DETAILS AND THAT YOU UNDERSTAND THE INSTRUCTIONS BEFORE YOU BEGIN THIS ASSESSMENT

Centre	
Centre ID	
Learner surname	
Other names	
Learner ID	
Time allowed	2 hours
Signature	
Date	01/02/2003 23.59
Total number of pages this question paper consists of	17 pages
If you have used any additional sheets for your answers please identify the number here	

Instructions

- Check all paper details are correct.
- Sign the paper in the Signature box.
- Use black ink or black ball-point pen.
- Answer the questions in the spaces provided, any answers written outside the area provided for the question **will not be marked**.
- If you require additional space to answer a question request additional pages from your invigilator.
- Write the number of additional pages you use with this exam in the box provided above.
- Do all rough work in your answer book. Cross through any work you do not want to be marked.
- Read the scenario on the next page and then answer all the questions.

Information

- This is an open book exam.
- Candidates are allowed to take into the exam published reference books that are free from annotations and highlighted text and a copy of the BACP's Ethical Framework for Good Practice in Counselling and Psychotherapy (2013), strictly for own personal use.
- Total of 54 marks are available for this paper.



Scenario

Marissa is 17 years of age and studying a beauty course at the local college where you have obtained your placement. She arrives at the first session dressed completely in black, and even though it is the height of summer she is wearing a full-length black leather coat that she keeps on throughout the session. Her clothing is complemented by black eye shadow and lipstick. Marissa is quite short, you would estimate about 5'2" and is obviously seriously overweight. Without prompting she tells you that she lives in a caravan park with her mum and the 'latest boyfriend'. She hates him and finds the caravan stifling. She was bullied at school and has a long history of self-harm (by cutting). She reaches into her bag and as she does so you notice several bags of crisps and packs of chocolate biscuits. She also retrieves her smart phone. After a couple of seconds of tapping on the screen of the phone she hands it to you. You see that it has been opened on a social media page on which there are several unpleasant comments posted by her class mates. The comments all seem to have the same themes, which are, basically, that Marissa should leave the course and preferably the whole college. One comment in particular catches your eye where a 'friend' says, "let me give you some proper careers advice – why don't you go and retrain as a mortuary attendant. Don't speak to no one just go". When you look up from the screen you see that Marissa is looking at you intently and then she says "you see it's all starting again".

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Relate your answers to the scenario given:

Question 1

How would you make use of your supervision session between session 1 and 2? How might supervision improve your practice with this client?

Provide three suggestions and explain your answers.

(12 marks)

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[Dotted lines for writing]





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(12 marks)



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(9 marks)



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(12 marks)



Question 4

(a) What are the considerations for the continuation of the counselling relationship with Marissa if she states that if she could just lose weight then she is sure the bullying will stop? Give at least three examples.

(9 marks)

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(9 marks)



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[End of test]