Unit Title: **Recognising and Dealing with Bullying**

**Unit Credit Value:** 2  
**Unit Level:** One  
**Unit Guided Learning Hours:** 18  
**Ofqual Unit Reference Number:** J/503/0989  
**Unit Review Date:** 31/03/2016  
**Unit Sector:** 14.1 Foundations for Learning and Life

**Unit Summary**  
In this unit, learners will explore various forms of bullying and the impact of bullying. Following this, learners will consider various interventions and sources of help giving them the knowledge to be able to recognise and act on bullying in an appropriate way.

**Unit Information**  
It is expected that before the unit is delivered, the tutor will have read the Qualification Specification to ensure all conditions regarding Rules of Combination, delivery, assessment and internal quality assurance are fulfilled. Additional guidance is available below as Assessment Guidance for Learning Outcomes and Assessment Criteria in **bold**.

This unit has 4 learning outcomes

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<thead>
<tr>
<th>LEARNING OUTCOMES</th>
<th>ASSESSMENT CRITERIA</th>
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<tr>
<td><strong>The learner will:</strong></td>
<td><strong>The learner can:</strong></td>
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| 1. Understand what is meant by ‘bullying’ | 1.1. Identify three different forms of bullying  
1.2. State what is meant by being a victim |
| 2. Be able to recognise the effects of bullying | 2.1. Give three examples of the effects of bullying on the victim  
2.2. Identify the emotions that may be experienced by a bully when bullying |
| 3. Be able to recognise strategies for dealing with bullying | 3.1. Outline one intervention that may help the victim  
3.2. State two ways in which the self-esteem of the victim can be raised  
3.3. Outline one intervention that may help the bully |
| 4. Know where to access help and support | 4.1. Identify three sources of help and support available |